

M&J MENU

ANTIPASTI (Starter) 开胃菜

1. **-Insalata funghi e parmigiano** (45.-)
-Green Salad with mushroom and Italian Cheese.
-蘑菇蔬菜沙拉和意大利奶酪。
2. **-Insalata di peperoni e mozzarella** (55.-)
-Green Salad with Peppers and Mozzarella Cheese.
-红椒蔬菜沙拉和意大利奶酪。
3. **-Verdure alla griglia** (40.-)
-Grilled Vegetables.
-烤蔬菜沙拉
4. **-Prosciutto e melone** (50.-)
-Ham and Melon.
-帕尔马火腿和香瓜。
5. **-Melanzane alla parmigiana** (40.-)
-Egg Plant with tomato sauce, Italian Cheese.
-烤茄子配番茄汁和意大利奶酪。
6. **-Melanzane al prosciutto** (45.-)
-Egg Plant with tomato sauce, Italian Cheese and Ham.
-烤茄子配番茄汁，意大利奶酪和帕尔马火腿。
7. **-Crostini Misti (4 pieces).** (45.-)
-Grilled Bread with Pepper, tomato, ham, mozzarella cheese.
-红椒迷你面包皮萨配新鲜番茄，彩椒，帕尔马火腿，马扎瑞拉奶酪。
8. **-Antipasto M&J** (60.-)
-Green Salad with grilled vegetable parma ham & fresh tomato & mozzarella.
-新鲜沙拉配烤蔬菜，帕尔马火腿和新鲜番茄。
9. **-Caprese** (55.-)
-Slices of fresh tomato with Mozzarella cheese, basilic leaves, olive oil.
-新鲜番茄片配马扎瑞拉奶酪，罗勒叶，橄榄油。

PASTE—NOODLES

意大利面

10. -Gnocchi filanti (70.-)
- Potato balls with tomato sauce and Italian cheese.
-意大利面疙瘩配番茄酱汁。
11. -Gnocchi alla genovese (75.-)
-Potato balls with extra virgin olive oil,basilic and Italian Cheese.
-意大利面疙瘩配橄榄油，罗勒叶和意大利奶酪。
12. -Gnocchi mamma rosa (70.-)
-Potato balls with tomato sauce,cream and Italian Cheese.
-意大利面疙瘩配番茄汁，奶油酱汁和意大利奶酪。
13. -Tortellini alla bolognese (75.-)
-Italian Dumplings with tomato meat sauce and Italian Cheese.
-意式馄饨配番茄肉酱。
14. -Tortellini ai funghi (75.-)
-Italian Dumplings with mushroom and cream.
-意式馄饨配奶油蘑菇酱汁。
15. -Tortellini ai Verdure (75.-)
-Italian Dumplings with vegetalbe sauce.
-意式馄饨配蔬菜汁。
16. -Pappardelle alla boscaiola (95.-)
-Noodles with cream,mushroom,peas and bacon.
-宽扁面配奶油酱汁，蘑菇，青豆和培根。
17. -Pappardelle papa (90.-)
-Noodles with cream,ham and Italian Cheese.
-宽扁面配奶油酱汁，帕尔马火腿和奶酪。
18. -Fettuccine al pesto (80.-)
-Noodles with extra virgin olive oil,basilic,garlic,Italian Cheese and cream.
-长扁面配橄榄油，罗勒叶，蒜茸，意大利奶酪和奶油酱汁。

19. **-Fettuccine al limone** (70.-)
-Noodles with cream,lemon and parsley.
-长扁面配奶油酱，柠檬和香菜。
20. **-Linguine ai gamberi** (130.-)
-Noodles with extra virgin olive oil,white wine,garlic,parsley,tomato sauce
-and prawns.
-细面配橄榄油，白葡萄酒，蒜茸，香菜，番茄酱和大明虾。
21. **-Linguine mari emonti** (95.-)
-Noodles with mushroom,shrimps and tomato sauce.
-细面配蘑菇，鲜虾和番茄酱。
22. **-Penne arrabiata** (70.-)
-Penne with tomato sauce,garlic,chili pepper and basilic.
-细管面配番茄酱，蒜茸，辣椒和罗勒叶。
23. **-Penne borghese** (80.-)
-Penne with tomato sauce,zucchini and egg-plant.
-细管面配番茄酱，节瓜和茄子。
24. **-Penne ai formaggi** (85.-)
-Penne with cream and selected Italian Cheese.
-细管面配奶油酱汁和意大利奶酪。
25. **-Rigatoni amatriciana** (85.-)
-Pasta ribbons with tomato sauce,chili pepper,bacon and onion.
-细纹通心粉配番茄酱，辣椒，培根和洋葱。
26. **-Rigatoni carbonara** (90.-)
-Pasta ribbons with cream,bacon,eggs and Italian Cheese.
-细纹通心粉配奶油酱汁，培根，鸡蛋和意大利奶酪。
27. **-Rigatoni rustica** (80.-)
- Pasta ribbons with tomato sauce,bacon,mushroom and fresh basilic.
-细纹通心粉配番茄酱，培根，蘑菇和新鲜罗勒叶。
28. **-Rigatoni Ai Formaggi** (90.-)
-Paste ribbons with cream sauce & selected Italian cheese.
-细纹通心粉配奶油酱和意大利奶酪。

29. **-Spaghetti Bolognese** (75.-)
-Noodles with Bolognese sauce.
-意大利肉酱面。
30. **-Tagliatelle Ai 2 Funghi** (95.-)
-Noodles with cream sauce,wild mushroom & Paris mushroom & pepper.
-长扁面配奶油酱，野生蘑菇，白蘑菇和黑胡椒。
- 30.A **-Lasagna Alla Bolognese** (85.-)
-Lasagne with Bolognese sauce.
-肉酱千层面。
- 30.B **-Lasagna Ai Frutti Di Mare** (120.-)
-Lasagne with Sea food.
-海鲜千层面。

(CARNE)—MEAT
肉类

31. **-Bistecca alla fiorentina(300g)** (200.-)
-Grilled Steak of Veal.
-烤小牛排。
32. **-Bracirole di agnello** (160.-)
-Grilled Lamb Chop.
-烤羊排。
33. **-Spezzatino di manzo ai funghi(300g)** (180.-)
-Grilled chopped Beef with mushroom sauce.
-烤牛排配蘑菇汁。
34. **-Bracirole di maiale** (110.-)
-Grilled Pork Chop.
-烤猪排。

PESCE—FISH
鱼类

35. **-Salmone al Cartoccio** (160.-)
-Grilled Salmon with house sauce inside alluminium foil.
-锡纸烤三文鱼配本店特色酱汁。

36. -Gamberoni alla griglia (180.-)
-Grilled Prawns.
-烤大明虾。

37. -Tonno al cartoccio (180.-)
-Grilled Tuna Fish with House Sauce cooked inside alluminium foil.
-锡纸烤吞拿鱼配本店特色酱汁。

PIZZA
皮萨饼

38. -Pizza margherita (60.-)
-Pizza with tomato sauce,cheese and basilic.
-皮萨饼配番茄酱， 奶酪和罗勒叶。

39. -Pizza napoletana (75.-)
-Pizza with tomato sauce,anchovy,caper and black olive.
-皮萨饼配番茄酱， 小咸鱼， 黑橄榄。

40. -Pizza vegetariana (70.-)
-Pizza with tomato sauce,egg-plant,pepper,zucchini and Italian Cheese.
-皮萨饼配番茄酱， 茄子， 红椒， 节瓜和意大利奶酪。

41. -Pizza fantasia (70.-)
-Pizza with cooked parma ham,tomato sauce,100% buffalo mozzarella cheese and Mushroom.
-皮萨饼配熟火腿， 番茄酱， 蘑菇和意大利奶酪。

42. -Pizza al prosciutto (75.-)
-Pizza with tomato sauce,100% buffalo mozzarella cheese and parma ham.
-皮萨饼配番茄酱， 奶酪和帕尔马火腿。

43. -Pizza ai peperoni (70.-)
-Pizza with Tomato sauce,100% buffalo mozzarella cheese and pepper.
-皮萨饼配番茄酱， 奶酪和红椒。

44. -Focaccia Italia (65.-)
-White pizza with zucchini,fresh sliced tomoto,basilic leaves
And 100% buffalo mozzarella cheese.

- 白披萨饼配节瓜，新鲜番茄片，罗勒叶和马扎瑞拉奶酪。
- 45.-Focaccia Vegetariana (70.-)**
-White pizza with asparagus,egg-plant,zucchini,pepper and 100% buffalo mozzarella cheese.
 -白披萨饼配鲜芦笋，茄子，节瓜，彩椒和马扎瑞拉奶酪。
- 46.-Focaccia Parmigiana (75.-)**
-White pizza with parma ham,Parmesan Cheese and rucola.
 -白披萨饼配帕尔马火腿，巴马臣奶酪和蔬菜。
- 47.-Focaccia Patate E Cipolla (60.-)**
-White pizza with sliced potatoes,white onion and 100% buffalo mozzarella cheese.
 -白披萨饼配土豆片，白洋葱和马扎瑞拉奶酪。
- 48.-Focaccia Salmone E Rucola (80.-)**
-White pizza with Salmon & Arugola
 -白披萨配三文鱼和芝麻菜。
- 49.-Pizza Al Salame (75.-)**
-Pizza with Salame Milano and 100% Buffalo Mozzarella cheese
 -米兰萨拉米腊肠披萨。
- 50.-Pizza Al Spinaci (75.-)**
-Pizza with Spinach,pine seeds and 100% Buffalo Mozzarella cheese
 -披萨饼配番茄酱，松仁，波菜和马扎瑞拉奶酪。

DOLCI—Dessert
甜品

- Tiramisu (Chef's Specialty) (45.-)**
-Italian Tiramisu cake with cream of Mascarpone,Coffee and Biscuits.
 -意大利提拉米苏蛋糕。
- Profitterol (50.-)**
-Bignet with inside cream and chocolate.
 -巧克力奶油泡芙

-Gelati misti (35.-)
-Mixed Ice cream.
-冰激淋。

-Macedonia (45.-)
-Fruit Salad.
-水果盘。

-Dolce al cioccolato della casa (35.-)
-Home-made Chocolate Cake
-巧克力蛋糕。

Opening Time:11:30am—22:00pm.

This menu is also on website:www.sherpa.com.cn for home delivery.

Our address:No.2,Lane 156,XingYe Road(cross with MaDang Road),Shanghai.
Reservation:021-63853700.

Happy Hour: from 17:30pm—19:30pm,Friday—Sunday.Buy one get one free.

APERITIUI—APERITIF---开胃酒

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|--------------------------|---------------|
| 1. Marsala | (40.-) |
| 2. Whisky | (50.-) |
| 3. Prosecco | (50.-) |
| 4. Martini Bianco | (40.-) |
| 5. Campari | (45.-) |
| 6. Martini Rosso | (40.-) |
| 7. Kir | (45.-) |
| 8. Bacardi | (40.-) |

COCKTAILS---鸡尾酒

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| 9.Gin Tonic | (金汤力) | (45.-) |
| 10.Bloody Mary | (血玛莉) | (50.-) |
| 11.Margarita | (玛格丽特) | (50.-) |
| 12.Bacardi & Coke | (白朗姆加可乐) | (45.-) |
| 13.Pina Colada | (椰林飘仙) | (50.-) |
| 14.Cosmopolitan | (大都市) | (50.-) |

15.Vodka Martini (伏特加马提尼) (50.-)

16.Mojito (摩吉陀) (50.-)

DIGESTIVI---DIGESTIVE---餐后酒

17.Amaretto (凡滋阿玛罗特酒) (40.-)

18.Limoncello (奶油柠檬利口酒) (40.-)

19.Grappa (格拉巴酒) (45.-)

20.Sambuca (50.-)

21.Cognac (55.-)

SODA---SOFT DRINKS---软饮料

22.Acqua Minerale(Italian Mineral Water) (25.-)

23.Birra(QingDao Draft Beer) (40.-)

24.Coco Cola / Pepsi Coke / Diet Coke (20.-)

25.Soda Water / Dry Ginger Ale (20.-)

26.Sprite / Tonic Water (20.-)

27.Orange Juice (25.-)

COFFE / TEA SELECTION---咖啡, 茶

28.Cappuccino(卡普西诺咖啡) (35.-)

29.Cafe Latte (拿铁咖啡) (35.-)

30.Espresso(double) (意式浓缩咖啡) (28.-)

31.Regular Coffee (普通咖啡) (25.-)

32.Green Tea / Black Tea with milk (绿茶/奶茶) (20.-)

33.Hot Chocolate (热巧克力) (20.-)

WINE LIST
葡萄酒单

Italian Wine:

- 1. Bricco Gaiano Sicilie Nero D'Avola----2004 / 0.75L (RMB260.-)**
(RMB48/glass)
- 2. Bricco Gaiano Salice Salentino Rosso----2003 / 0.75L (RMB260.-)**
(RMB48/glass)
- 3. Bricco Gaiano Montepulciano D'Abruzzo----2003 / 0.75L (RMB260.-)**
(RMB48/glass)
- 4. Bricco Gaiano Primitivo Puglia----2003 / 0.75L (RMB260.-)**
(RMB48/glass)
- 5. Colli Veronesi----2003 / 0.75L (RMB260.-)**
(RMB48/glass)
- 6. Chianti Vitalizio----2004 / 0.75L (RMB300.-)**
(RMB48/glass)

7. Lambrusco Rosso Emilia Igt Calvina Magnum / 1.5L (RMB210.-)
(RMB38/glass)
8. Rosso Di Montalcino Poggio il Castellare—DOC-2003 (RMB480.-)
(0.75L)
9. Vernaccia Di San Gimignano Poggio ai Cannicci(W)-2004 (RMB260.-)
(0.75L) (RMB48/glass)
10. Ruffino Orvieto Class DOC Bianco(W), Tuscany-2004 (RMB230.-)
(0.75L) (RMB48/glass)
11. Tommasi Soave Classico(W), Veneto-2004 -0.75L (RMB280.-)
(RMB48/glass)
12. Ruffino Chardonnay Libaio(W), Tuscany-2004-0.75L (RMB330.-)
(RMB56/glass)
13. Campagnola Pinot Grigio IGT, Verona-2004-0.75L (RMB300.-)
(RMB52/glass)

French Wine:

14. Chateau Barrail----1999 / Bordeaux / 0.75L (RMB280.-)
(RMB48/glass)
15. Chateau Rocheyron----2000 / Saint Emilion / 0.75L (RMB520.-)
16. Chateau Chenu Lafitte----1998 / Bordeaux / 0.75L (RMB330.-)
(RMB56/glass)
17. JP Chenet Merlot----2004 / Lamguedoc / 2004 / 0.75L (RMB260.-)
(RMB48/glass)
18. JP Chenet Chardonnay(W)----Lamguedoc / 2003 / 0.75L (RMB260.-)
(RMB48/glass)
19. Chablis Eugene Carrion(W)----Bourgondy2002 / 0.75L (RMB480.-)

Chilean Wine:

20.El Emperador-Cabernet-Grande Reserve----2001 / 0.75L (RMB270.-)
(RMB48/glass)

Australian Wine:

21.Tisdall Cabernet Merlot----2002 / 0.75L (RMB330.-)
(RMB56/Glass)